

# Happy Business Actions Tracker

Make a hash mark each time you do any of the items below. Add up your hash marks each day. Enjoy where you are strong and pay attention to where you need to focus to create even more success in your business. Share your score with your Accountability Partner each week.

My Goal for this Week:

	Day	Sat	Sun	Mon	Tues	Wed	Thurs	Fri	Total
<b>My Training/Belief Building</b>									
I visualized my goals - 10 minutes									
I meditated 10 minutes									
I met with Mentor/Coach/Accountability Partner									
I read from an inspiring book 15 min									
I used affirmations to retrain my brain									
<b>Total</b>									
<b>My Daily Business Habits</b>									
I kept track of my appointments									
I was on time to my appointments									
I organized my desk/files/office									
Contacted a new partner/affiliate/customer									
Got a new client/customer/sale									
I followed up with a affiliate/contact/resource									
I completed a project									
I read an article related to my industry									
I created/prepared a project									
<b>Total</b>									
<b>Growing My Business</b>									
I attended a networking event/meeting									
I got a new prospect									
I planted seeds via email/social media/networking									
I asked for a referral									
I found a new partner/affiliate/resource									
<b>Total</b>									
<b>Daily Total</b>									