

Author, Speaker, Facilitator Carol Merlo, M.Ed.

Providing inspirational and practical solutions for seekers of increased happiness and personal excellence in life.

TESTIMONIALS

Carol had a magnificent impact on the group both as leaders and individually as women. She got a perfect score on every category. That doesn't happen very often with our speakers!

Janet Wilemon

Carol provided the single most effective training I have taken. I finally feel like I have information that I can use in business and in my every day life on how to talk to people the way they need to hear and learn.

Linda Sztanko

Carol helped me see how to relate to others and see that they see it differently and that they aren't wrong and that we need each other.

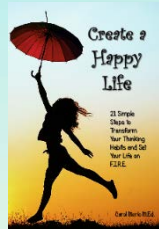
Walter Dyck

I love how Carol uses role playing, audience input, and handouts. She is a dynamic presenter.

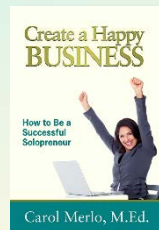
Rose Price

Carol brings a brilliant combination of a sharp, intelligent mind combined with a caring, nurturing heart. She is a first class educator in every sense of the world.

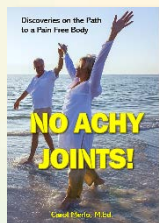
MJ Andersen



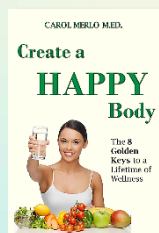
Carol Merlo, (*pronounced Murlow*) has a down to earth, interactive, speaking style that inspires people to discover their best selves and provides them with a provable path to achievement in whatever they want in life. Her basic message is that it all starts with thought. We often have thoughts running in our unconscious minds that tell us we are not good enough, that we don't know the answer, or that others are the cause of our pain.



As we become aware of the truth of our nature we can eliminate those voices and beliefs by transforming our subliminal thoughts. Thoughts are things, and as we transform our thoughts and beliefs we transform our behavior and our lives.

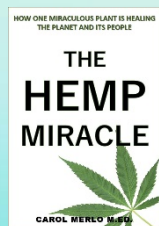


With a background in psychology and training, Carol's material is current and based on solid research. During her 15-year tenure in the Direct Sales industry, she provided Leadership and Entrepreneurship training to thousands of people in the US and Canada.



Carol is at home on the stage. She started singing professionally at 14 and acting at 18 and discovered her mission in life to inspire and connect with people to create joy and inspiration in their lives.

Incorporating the material from her books, Carol conducts classes and workshops both online and in the classroom to help people empower themselves to have the freedom that true health and wellness brings.



Imagine Greater HAPPINESS...

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Book Carol to Speak or Train at your Next Event

The Miraculous Hemp Plant



With federal deregulation in 2018, the hemp plant has emerged from the onus of marijuana to becoming the greatest economic opportunity of the 21st century. Renowned for its healing benefits, hemp is also used for over 30,000 industrial products including cloth, paper, biofuel, and building materials. This is an inspiring and informational talk on the benefits of hemp and CBD oil. This amazing plant provides food, clothing, housing materials, and an amazing dietary supplement while it removes toxins from the air and soil. Hemp is the one plant that can provide a miraculous transformation for physical and economic health for people and animals.

No Achy Joints!



Arthritis pain ranges from mildly irritating to debilitating. Carol teaches you simple and effective methods for keeping your joints healthy, flexible, and how using supplements can help you manage the aches and pains related to the aging process.

How to Transform Your Thinking Habits and Set Your Life on F.I.R.E.



The F.I.R.E. formula is a strategy for transforming your thoughts, emotions, and stress levels to those that enhance life rather than deteriorate life and passion. Remember, nothing changes if nothing changes, and you have the opportunity right now to have a positive impact on your life! Based on the book, *Create a Happy Life: 21 Simple Steps to Transform Your Thinking Habits and Set Your Life on F.I.R.E.*

How to Be a Successful Entrepreneur

Small business owners and entrepreneurs need to know how to be organized, do effective marketing, and manage people in order to be profitable. This talk walks you through the six key areas of small business management that will make you a force in the marketplace. Based on the book *Create a Happy Business: How to Be a Successful Solopreneur.*

To Learn More, go to
www.CarolMerlo.com

Carol
MERLO

